

The background image shows a curved interior space with a vaulted ceiling. On the left, there is a built-in white shelf with several lit candles. The floor is covered in dark, irregular hexagonal tiles. In the foreground on the right, a large, curved wooden table with a light-colored top featuring a yin-yang design is partially visible. The text 'HOTEL DE' is in a small banner above 'La Loze' in a large, ornate script. Below it is a small crest with a cross.

HOTEL DE

# La Loze

MAISON FENESTRAZ

[www.la-loze.com](http://www.la-loze.com)

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# *Awakening of the senses*

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*A new creation within the Hôtel de La Loze*



The secret garden of Hôtel de La Loze invites you to experience deep relaxation of both the body and soul.

Created to **awaken the five senses** and introducing the notion of a “sixth sense”, this space is designed to embrace the *“beauty found in imperfection and nature”*.

What sets this new treatment space apart is its unique approach: the incorporation of **alternative therapies and protocols**, thoughtfully designed to connect each guest with their deepest emotions."

This arched cocoon of well-being, nestled in **one of Courchevel 1850's first hotels**, is sure to become a must-visit for those who appreciate unique and diverse experiences.

Every corner has been designed to **evoke the spirit of travel and exploration, both inside and out.**

The materials chosen are a **tribute to nature**, with the creation of a large wall of plants, the use of natural clay, pink Himalayan salt, warm colors, and the incorporation of rounded borders and niches.



The atmosphere is enhanced by a scent created especially for the space and warm, peaceful lighting. The two treatment rooms are unique: one draws inspiration from a cozy and inviting old chalet, radiating warmth, while the other exudes an elegance that celebrates the beauty of simplicity.

The treatment journey includes a nature-inspired pathway through an **experiential tunnel**. There, 4 sensory showers will transport you to the diverse worlds of the countries where our **Maison Fenestraz** are located:

*France, Argentina, Brazil, and Italy.*

Afterwards, you may alternate between the **sauna**, featuring a wall made of pink Himalayan salt, and the **hammam**, which offers two innovative and immersive experiences:

*the ayurvedic thread and the enchanting mist.*

The **snow fountain** will complete the journey to create a thermal shock for the body, a practice widely recognized for its ability to reduce stress and enhance blood circulation.

Additionally, a dedicated room awaits for **relaxation and contemplation**, with a large wall of pink salt and a salty mist to soothe the respiratory tract.

The facilities are state-of-the-art, and we are working hand in hand with *Hydroconcept*, a company renowned for designing top-of-the-range wellness areas, to create a unique venue.

As for the **architecture and decoration**, we collaborated with *Carré Concept*, who brought their own creative touch to the project.



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# Our therapies

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The SPA at Hôtel de La Loze is the result of a collaboration between several professionals of the world of well-being to offer an innovative experience that seamlessly combines beauty treatments massages, osteopathy and alternative therapies.

## Body care - collaboration with Recovery Room



In terms of body treatments, the SPA of Hotel de La Loze has developed a distinctive treatment protocol in collaboration with *Recovery Room*, experts in manual therapy.

This comprehensive approach combines deep massage, osteopathic joint correction, stretching and targeted exercises to improve mobility and muscle balance.

The body therapies will be complemented by tailor-made massages using oils *crafted in the South of France especially for Maison Fenestraz*.




@recoveryroom

## Facial care Dermalogica



No Spa is complete without a selection of high-quality facial products. That's why we are thrilled to announce our collaboration with *Dermalogica*, an internationally praised American brand known for its expertise in skincare. This brand has already achieved great success at our neighboring hotel in Méribel, the *Hôtel Alpen Ruitor*, and will be available at the opening of our Courchevel 1850 Maison.

 Dermalogica at the Hôtel AlpenRuitor



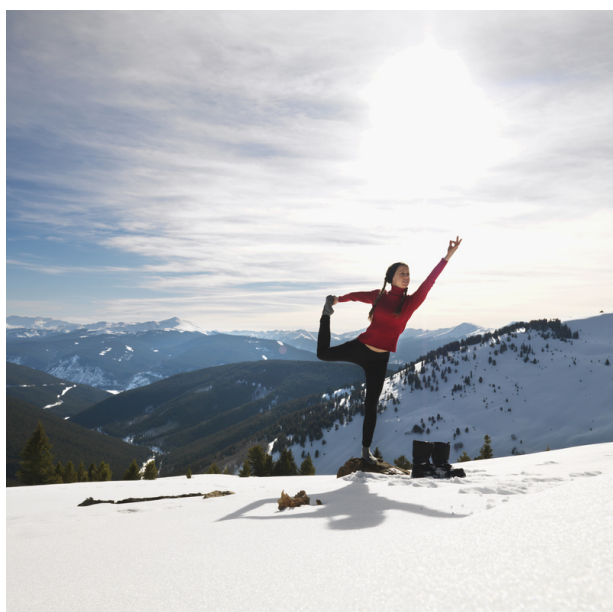
@dermalogica



## Themed days Yoga in Nature

Themed wellness days will be organised throughout the season in collaboration with *Yoga in Nature*, yoga instructors and creators of energy treatments.

For enthusiasts or those wishing to discover the world of **alternative therapies**, individual sessions of Gong Bath, Singing Bowls, Reiki, and chakra balancing can be booked, offering a truly transformative experience.



@yogainnature



@dermalogica

*This 2023/2024 winter will be full  
of surprises in the heart of this  
secret garden.*



MAISON FENESTRAZ



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Download our photos & vidéos: <https://www.maisonfenestraz.com/en/presses>

Discover the photos of Hôtel de La Loze & our brand new SPA: <https://goo.gl/photos/RkxaMdxNrv7JvizPA>